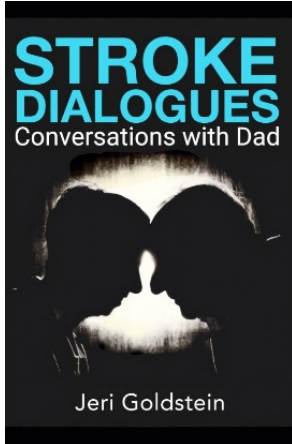


BOOK DESCRIPTION

STROKE DIALOGUES

Conversations with Dad



Stroke Dialogues delivers a humor-filled, delightful vision of one father's process toward recovery from a stroke. It is a daughter's recollections of conversations with her dad from his first hospital days through the recovery process from an Ischemic Stroke resulting in Expressive-Aphasia. Stroke Dialogues is not a How-To book or a medical text, but rather a personal encounter with an unexpected occurrence thrown in the way of living and how the family dealt with it. This light-hearted recounting of conversations she and other family members and friends had with her dad, takes the reader on a journey through his stages of realization, understanding, determination and eventually recovery. Stroke Dialogues is unlike any other book about stroke disease or recovering from a stroke.

The conversations demonstrate the early effects Expressive-Aphasia had on the writer's dad and are retold with humor and kindness. His progress through recovery gains momentum as the conversations become more complex while he attempts to regain knowledge of his most important life functions, experiences, and memories.

The dialogues are peppered with insights into patient advocacy, support strategies for helping her dad move forward to full recovery and a sense of upbeat optimism for his ability to regain much of his former self.

Like so many families with loved ones who suffer a stroke, having an alternative view of the situation may offer a diversion, a way to freshly look at the situation and engage more profoundly, more lightly with their loved one's recovery.

This book offers a pathway to humor in the face of a tragic situation. It suggests that you pay attention to each bit of conversation and commit to the recovery process with joy and patience. Within every challenged attempt to get their meaning across, each stroke patient has many stories to tell, many memories to recover, many pieces of their lives they are trying to regain.

You are invited to listen carefully to your loved one. By the examples offered here, you are encouraged to ask questions thoughtfully and spend the time necessary to arrive at the sought-after answers. Your loved ones' recovery experience depends on your engagement with them and your advocacy for them. Stroke Dialogues offers a shining example.

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